

Breakfast Menu

served until midday

Baps

served in a sesame seed bun

Bacon Bap £5.45

Bacon & Egg Bap £6.45

Treagust Sausage Bap £6.45

Treagust Sausage & Egg Bap £7.45

Breakfast

M&B Breakfast £10.45

Treagust sausage, two rashers of bacon, two eggs, roasted plum tomatoes & mushrooms served with toast & butter

M&B Vegan Breakfast £10.45

vegan sausage, roasted plum tomatoes, mushrooms, avocado & spiced mixed beans served with toast & vegan spread

Moroccan Eggs £10.45

spiced tomato & pepper sauce with chorizo, spinach, parsley yogurt & toast

Extras

add any of the following to your breakfast (not sold individually):

**Tomato Salsa / Baked Beans /
Roasted Plum Tomatoes** £1.55

Rasher of Bacon £1.75

**Treagust Sausage / Mushrooms /
Smashed Avocado** £1.95

Toasts

Toasted 'Hungry Guest' bread £3.95
with butter & preserve

Eggs on toast £6.45
poached, scrambled or fried

Boiled Eggs with toasted 'soldiers' £6.45
served with marmite

Mushrooms on toast £6.95

Roasted Tomatoes on toast £6.95

Brunch

Eggs Florentine £8.25
on toast with baby spinach & hollandaise sauce

Eggs Benedict £9.45
on toast with gammon ham, baby spinach & hollandaise sauce

Eggs Royale £9.45
on toast with smoked salmon, baby spinach & hollandaise sauce

Poached Eggs & Smashed Avocado £9.45
on toast with tomato salsa

Smoked Salmon & Scrambled Eggs £10.95
with toast & dressed mixed leaves

Pancakes

Buttermilk Pancakes £9.45
with banana, blueberries & maple syrup

Buttermilk Pancakes £9.45
with crispy smoked bacon & maple syrup

Porridge £5.95
made with coconut milk, topped with blueberries, banana & honey

Coffee

Filter Coffee £2.30

decaffeinated available

Espresso £2.40

Americano £2.95

Macchiato / Latte / Cappuccino £3.25

Mocha / Flat White / Iced Coffee £3.45

Chai Latte £3.65

Hot Chocolate £3.45

add cream & marshmallows +60p

Tea

Traditional Tea £2.30/£4.60
pot for one / pot for two

Speciality Teas £2.65

earl grey, camomile, rooibos, ceylon, mixed red berry, lady grey, assam, lapsang souchong, green, peppermint, lemon & ginger, darjeeling

Soya, Almond, Oat or Coconut Milk +25p

Extra Coffee Shot +50p

Vanilla or Caramel Syrup +35p

Soft Drinks

Orange Juice / Still Water /
Sparkling Water 330ml £2.25

Orangina 250ml £3.25

Local Apple Juice / Local Apple & Pear Juice /
Freshly Squeezed Orange Juice 250ml £3.35

Diet Coke 330ml / Peach Ice Tea 500ml £3.45

Coca-Cola 330ml £3.55

Fentimans Lemonade / Ginger Beer /
Elderflower 275ml £3.65

Still Water / Sparkling Water 750ml £3.95

Cakes & Treats

Toasted Tea Cake *with butter* £2.65

Croissant £2.65 / Almond Croissant £2.95

Tunisian Orange Cake / Chocolate Brownie *gluten free*

Carrot & Pistachio Slice *vegan /*

Raspberry & Buttercream Cake *gluten free* £3.55

Chocolate & Hazelnut Twist /

Almond & Pistachio Twist £3.95

M&B Scones

Plain or Fruit Scone *with butter* £2.65

Wholemeal Cheese Scone *with butter* £2.95

Traditional Cream Tea £6.25

fruit or plain scone, clotted cream & jam served with a pot of tea or filter coffee

Savoury Cream Tea £6.75

wholemeal cheese scone, cream cheese & chutney served with a pot of tea or filter coffee

Upgrade to:

Speciality Tea +20p

Speciality Coffee, Hot Chocolate
or Chai Latte +35p

Add Extra:

Preserve (Strawberry, Raspberry, Apricot, Marmalade) +85p

Spreads (Nutella, Marmite) +85p

Clotted Cream +£1.00