

Breakfast Menu

served until midday

Baps

served in a brioche bun

Bacon Bap £5.95

Bacon & Egg Bap £6.95

Treagust Sausage Bap £6.95

Treagust Sausage & Egg Bap £7.95

Breakfast

M&B Breakfast £10.95

Treagust sausage, two rashers of bacon, two eggs, roasted plum tomatoes & mushrooms served with toast & butter

M&B Vegan Breakfast £10.95

vegan sausage, roasted plum tomatoes, mushrooms, avocado & spiced mixed beans served with toast & vegan spread

Moroccan Eggs £11.45

spiced tomato & pepper sauce with chorizo, spinach, parsley yogurt & toast

Extras

add any of the following to your breakfast (not sold individually):

**Tomato Salsa / Baked Beans /
Roasted Plum Tomatoes** £1.55

Rasher of Bacon £1.75

**Treagust Sausage / Mushrooms /
Smashed Avocado** £1.95

Toasts

Toasted 'Hungry Guest' bread £3.95
with butter & preserve

Eggs on toast £6.95
poached, scrambled or fried

Boiled Eggs with toasted 'soldiers' £7.45
served with marmite

Mushrooms on toast £7.45

Roasted Tomatoes on toast £7.45

Brunch

Eggs Florentine £8.75
on toast with baby spinach & hollandaise sauce

Eggs Benedict £9.95
on toast with gammon ham, baby spinach & hollandaise sauce

Eggs Royale £9.95
on toast with smoked salmon, baby spinach & hollandaise sauce

Poached Eggs & Smashed Avocado £9.95
on toast with tomato salsa

Smoked Salmon & Scrambled Eggs £11.45
with toast & dressed mixed leaves

Pancakes

Buttermilk Pancakes £9.95
with banana, blueberries & maple syrup

Buttermilk Pancakes £9.95
with crispy smoked bacon & maple syrup

Porridge £6.45
made with coconut milk, topped with blueberries, banana & honey

Coffee

Filter Coffee £2.55

decaffeinated available

Espresso £2.55

Americano £3.10

Macchiato / Latte / Cappuccino £3.35

Mocha / Flat White / Iced Coffee £3.55

Chai Latte £3.65

Hot Chocolate £3.55

add cream & marshmallows +£1.00

Tea

Traditional Tea £2.55/£5.10
pot for one / pot for two

Speciality Teas £3.25

earl grey, camomile, rooibos, ceylon, mixed red berry, lady grey, assam, lapsang souchong, green, peppermint, lemon & ginger, darjeeling

Soya, Almond, Oat or Coconut Milk +30p

Extra Coffee Shot +50p

Vanilla or Caramel Syrup +40p

Soft Drinks

Orange Juice 330ml £2.45

Still Water 330ml £2.45

Sparkling Water 330ml £2.45

Fanta 330ml £3.45

Local Apple Juice 250ml £3.45

Local Apple & Pear Juice 250ml £3.45

Freshly Squeezed Orange Juice 250ml £3.45

Diet Coke 330ml £3.45

Peach Ice Tea 500ml £3.55

Coca-Cola 330ml £3.55

Fentimans Lemonade 275ml £3.65

Fentimans Ginger Beer 275ml £3.65

Fentimans Elderflower 275ml £3.65

Still Water 750ml £4.45

Sparkling Water 750ml £4.45

Cakes & Treats

Toasted Tea Cake *with butter* £2.95

Croissant *with butter* £2.95

Almond Croissant £3.25

Raspberry Flapjack *gluten free* £3.55

Tunisian Orange Cake *dairy free* £3.75

Chocolate Brownie *gluten free* £3.75

Victoria Sponge £3.75

Chocolate & Hazelnut Twist £4.25

Almond & Pistachio Twist £4.25

M&B Scones

Plain or Fruit Scone *with butter* £2.95

Wholemeal Cheese Scone *with butter* £3.45

Traditional Cream Tea £6.95

fruit or plain scone, clotted cream & jam served with a pot of tea or filter coffee

Savoury Cream Tea £7.45

wholemeal cheese scone, cream cheese & chutney served with a pot of tea or filter coffee

Upgrade to:

Speciality Tea +25p

Speciality Coffee, Hot Chocolate or Chai Latte +45p

Add Extra:

Preserve (Strawberry, Raspberry, Apricot, Marmalade, Marmite) +95p

Clotted Cream +£1.25

