Breakfast Menu

served until midday

Baps

served in a brioche bun

Bacon Bap £6.25

- Bacon & Egg Bap £7.25
- Treagust Sausage Bap £7.25

Treagust Sausage & Egg Bap £8.25

Breakfast

M&B Breakfast £11.45 Treagust sausage, two rashers of bacon, two eggs, roasted plum tomatoes & mushrooms served with toast & butter

M&B Vegan Breakfast £11/45 vegan sausage, roasted plum tomatoes, mushrooms, avocado & spiced mixed beans served with toast & vegan spread

Moroccan Eggs £11.75 spiced tomato & pepper sauce with chorizo, spinach, parsley yogurt & toast

Extras

add any of the following to your breakfast (not sold individually):

Tomato Salsa / Baked Beans / Roasted Plum Tomatoes $\pounds1.65$

Rasher of Bacon £1.85

Treagust Sausage / Mushrooms / Smashed Avocado £2.25

Toasts

Toasted 'Hungry Guest' bread £4.25 with butter & preserve

Eggs on toast £7.25 poached, scrambled or fried

Boiled Eggs with toasted 'soldiers' £7.75 served with marmite

Mushrooms on toast £7.75

Roasted Tomatoes on toast £7.75

Brunch

Eggs Florentine £9.25 on toast with baby spinach & hollandaise sauce

Eggs Benedict £10.45 on toast with gammon ham, baby spinach & hollandaise sauce

Eggs Royale £10.45 on toast with smoked salmon, baby spinach & hollandaise sauce

Poached Eggs & Smashed Avocado £10.45 on toast with tomato salsa

Smoked Salmon & Scrambled Eggs £11.95 with toast & dressed mixed leaves

Pancakes

Buttermilk Pancakes £10.45 with banana, blueberries & maple syrup

Buttermilk Pancakes £10.45 with crispy smoked bacon & maple syrup

Porridge £6.75 made with coconut milk, topped with blueberries, banana & honey



Coffee

Filter Coffee £2.55

decaffeinated available

- Espresso £2.55
 - Americano £3.10
- Macchiato / Latte / Cappuccino £3.35 Mocha / Flat White / Iced Coffee £3.55

Chai Latte £3.65 **Hot Chocolate** £3.55 add cream & marshmallows +£1.00

Tea

Traditional Tea £2.55/£5.10 pot for one / pot for two

Speciality Teas £3.25 earl grey, camomile, rooibos, ceylon, mixed red berry, lady grey, assam, lapsang souchong, green, peppermint, lemon & ginger, darjeeling

> Soya, Almond, Oat or Coconut Milk +30p Extra Coffee Shot +50p Vanilla or Caramel Syrup +40p

Soft Drinks

- Still Water 330ml £2.55
- Sparkling Water 330ml £2.55
 - Fanta 330ml £3.55
- Freshly Squeezed Orange Juice 250ml £3.55
- Locally Pressed Apple Juice 250ml £3.55
- Locally Pressed Apple & Pear Juice 250ml £3.55
 - Diet Coke 330ml £3.55
 - Peach Ice Tea 500ml £3.65
 - Coca-Cola 330ml £3.65
 - Fentimans Lemonade 275ml £3.75
 - Fentimans Ginger Beer 275ml £3.75
 - Fentimans Elderflower 275ml £3.75
 - Still Water 750ml £4.55
 - Sparkling Water 750ml £4.55

Cakes & Treats

Toasted Tea Cake with butter £2.95 Croissant with butter £2.95 Almond Croissant £3.25 Raspberry Flapjack gluten free £3.55 Tunisian Orange Cake dairy free £3.75 Chocolate Brownie gluten free £3.75 Victoria Sponge £3.75 Chocolate & Hazelnut Twist £4.25 Almond & Pistachio Twist £4.25

M&B Scones

Plain or Fruit Scone with butter £2.95 Wholemeal Cheese Scone with butter £3.45

Traditional Cream Tea £6.95 fruit or plain scone, clotted cream & jam served with a pot of tea or filter coffee

Savoury Cream Tea £7.45 wholemeal cheese scone, cream cheese & chutney served with a pot of tea or filter coffee

Upgrade to:

Speciality Tea +25p Speciality Coffee, Hot Chocolate or Chai Latte +45p

Add Extra:

 $\label{eq:preserve} \begin{array}{l} \textit{Preserve} (\textit{Strawberry, Raspberry, Apricot, Marmalade, Marmite}) & +95p \\ \textit{Clotted Cream} & +\text{\pounds}1.25 \end{array}$